

ACCESSORIES: FOULARD MADE FROM A T-SHIRT



MATERIALS REQUIRED

A T-shirt and scissors.

DEGREE OF DIFFICULTY

Low.

APPROXIMATED TIME REQUIRED

1 hour.

LEARNING GOALS

Learn how to do macramé knots and how to make a foulard from a T-shirt.

ABILITIES DEVELOPED

Attention, determination, fine handling, accuracy, hand-eye dexterity, memory, creativity, patience, sleight of hand and fingers.

STEP-BY-STEP INSTRUCTIONS

1. Cut underneath the sleeves and throw away the upper part. The result should be something similar to a rectangle.
2. Cut the T-shirt perpendicularly to the base making fringe strips 2 centimetres wide.



3. Stretch out the strips. This way they roll over themselves and you will have a kind of round strings.

4. Take a pair of neighbouring strips and knot them. Do this with all of them.

5. Once you have done this, do it again but with their other neighbouring strip. Use the image as a guide:



6. Your foulard is ready.



TIPS

This desing is very simple, but original and attractive at the same time.